



REGIONAL/NATIONAL AWARDS

All-American

Second Team (<i>Volleyball Magazine</i>)	
1999	Kelly Campbell
Third Team (<i>AVCA</i>)	
2006	Ashley Nu'u
Third Team (<i>Volleyball Magazine</i>)	
1998	Kelly Campbell
Honorable Mention (<i>Asics/Volleyball Magazine</i>)	
2006	Ashley Nu'u
Honorable Mention (<i>AVCA</i>)	
2005	Allie Griffin
2004	Allie Griffin
2003	Monique Gerlach
Honorable Mention (<i>Volleyball Magazine</i>)	
1989	Tina Murray
Freshman All-American (<i>Volleyball Magazine</i>)	
1996	Kelly Campbell

Academic All-American

First Team (<i>CoSIDA</i>)	
1999	Kelly Campbell
Second Team (<i>CoSIDA</i>)	
2002	Elizabeth Gower

Academic All-Region/District

First Team (<i>District VII</i>)	
2002	Elizabeth Gower
2002	Kim Taskey
1999	Kelly Campbell
1990	Jennifer Sherlock
Second Team (<i>District VII</i>)	
2000	Elizabeth Gower

Region/District Coach of the Year

Coach of the Year (<i>District VII</i>)	
1997	Pi'i Aiu

All-Region/District

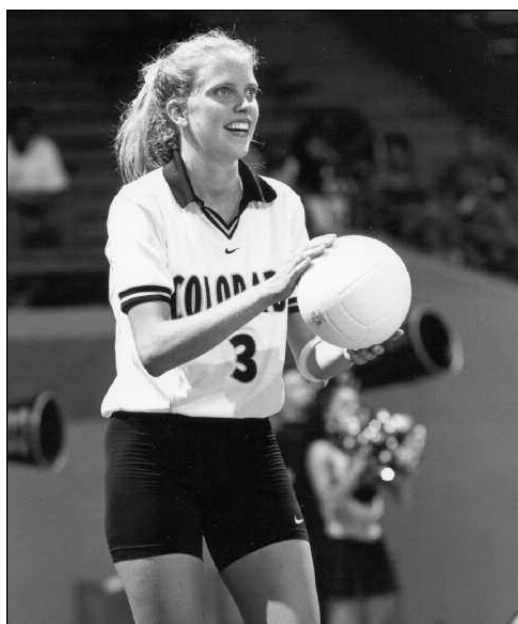
First Team (<i>All-Central Region</i>)	
2006	Ashley Nu'u
2005	Allie Griffin
2004	Allie Griffin
2003	Monique Gerlach
2002	Monique Gerlach
2001	Elizabeth Gower & Meghan Barkman
2000	Elizabeth Gower

Honorable Mention (<i>All-Central Region</i>)	
2005	Ashley Nu'u

First Team (<i>All-District V</i>)	
1999	Kelly Campbell
1998	Kelly Campbell
1997	Sarah Lodge
1995	Leah Williams

First Team (<i>All-Mideast Region</i>)	
1994	Karrie Downey
1993	Karrie Downey & Nicole Vranesh
1992	Nicole Vranesh

Second Team (<i>All-Mideast Region</i>)	
1994	Leah Williams
1993	Janine Zumerchik



A two-time All-American and All-Region pick, Kelly Campbell holds the NCAA Division I record for assist average at 14.45 per game.

National Player of the Week

Player of the Week (<i>AVCA</i>)	
Nov. 13, 2006	Ashley Nu'u
Nov. 8, 1999	Kelly Campbell
Oct. 13, 1997	Sarah Lodge
Player of the Week (<i>CVU.com</i>)	
Oct. 18, 2005	Allie Griffin



CONFERENCE HONORS

Speciality Awards

Chick-Fil-A Community of Champions (Big 12)

2009 Kaitlyn Burkett
2008 Alex Buth

Big 12 Good Works Team

2007 Alex Buth
2006 Therese Vinal

Pre-season Freshman of the Year (Big 12)

2003 Ashley Nu'u

Community Outreach Award (Big 12)

2000-01 Kim Taskey

Newcomer of the Year (Big 12)

1996 Sarah Lodge

Backcourt Specialist of the Year (Big Eight)

1994 Shannon Parke
1991 Stephanie Chiang

All-Conference

First Team (All-Big 12)

2006 Ashley Nu'u
2005 Allie Griffin
2004 Allie Griffin
2003 Monique Gerlach
2002 Monique Gerlach
2001 Elizabeth Gower & Meghan Barkman
2000 Elizabeth Gower
1999 Kelly Campbell & Kristin Engelking
1998 Kelly Campbell & Tegan Lynch
1997 Kelly Campbell & Sarah Lodge
1996 Kelly Campbell & Rachel Wacholder

First Team (All-Big Eight)

1995 Leah Williams
1994 Karrie Downey & Leah Williams
1993 Karrie Downey & Nicole Vranesh
1992 Nicole Vranesh
1991 Nicole Vranesh, Wendy Van Wyhe
1990 Tiffany Jestadt
1989 Tina Murray, Lisa Soulliere
1988 Stephanie Salgado

Second Team (All-Big Eight)

1995 Rachel Wacholder
1994 Rachel Wacholder & Janine Zumerchik
1993 Staci Wolfe & Janine Zumerchik
1992 Michele Kohler & Janine Zumerchik
1991 Katie Zabransky
1990 Tina Murray
1988 Susan Magda, Tina Murray & Lisa Soulliere
1987 Lisa Soulliere

Honorable Mention (All-Big 12)

2006 Lauren Schaefer
2006 Amber Sutherland
2005 Ashley Nu'u
2004 Ashley Nu'u
2001 Monique Gerlach
2000 Meghan Barkman
1998 Sarah Lodge & Courtney Owens
1997 Alison Koepke

Honorable Mention (All-Big Eight)

1991 Karrie Downey
1988 Jennifer Sherlock
1987 Tina Murray

Receiving Votes (All-Big 12)

2000 Sonja Russell
1999 Sonja Russell

Academic All-Conference

First Team (Big 12)

2010 Rosie Steinhaus
2009 Rosie Steinhaus
2008 Alex Buth
2007 Alex Buth, Therese Vinal
2006 Alex Buth, Austin Zimmerman
2005 Alex Buth, Nicole Carr, Lynsey Mann, Therese Vinal
2004 Allison Barnes, Nicole Carr
2003 Allison Barnes, Nicole Carr, Monique Gerlach
2002 Allison Barnes, Sara Fredrickson, Monique Gerlach, Elizabeth Gower, Kim Taskey, Monica Vesanovic
2001 Meghan Barkman, Sara Fredrickson, Monique Gerlach, Elizabeth Gower, Sonja Russell, Kim Taskey, Sara Villwock
2000 Fredrickson, Gower, Taskey
1999 Kelly Campbell, Kristin Engelking
1998 Campbell, Engelking, Sarah Lodge, Tegan Lynch, Melissa Schutz
1997 Campbell, Lodge, Lynch, Schutz
1996 Campbell, Engelking, Alison Koepke, Schutz

Second Team (Big 12)

2010 Kerra Schroeder
2009 Kaitlyn Burkett
2008 Kaitlyn Burkett, Lauren Schaefer, Amber Sutherland, Ashley VenHorst
2007 Kaitlyn Burkett, Kristen Karlik, Lauren Schaefer
2003 Monica Vesanovic
2002 Meghan Barkman

First Team (Big Eight)

1995 Leah Williams
1994 Brenda Bauernfeind
1993 Shannon Parke
1992 Michele Kohler, Nicole Vranesh
1991 Vranesh, Wendy Van Wyhe, Katie Zabransky
1990 Tiffany Jestadt, Jennifer Sherlock, Van Wyhe
1988 Wendy Callahan, Sherlock

Second Team (Big Eight)

1995 Rachel Wacholder
1994 Karrie Downey
1992 Kelly Prahm
1990 Stephanie Salgado, Zabransky
1988 Darla DeRuiter, Lisa Soulliere

Honorable Mention (Big 12)

2001 Josee Roberge
2000 Barkman, Russell, Lisa Small
1999 Russell, Small
1997 Engelking, Koepke
1996 Lodge, Lynch

Conference Coach of the Year

Coach of the Year (Big 12) 1997 Pi'i Aiu
Coach of the Year (Big Eight) 1988, 1992 & 1993 Brad Saindon

Conference Player of the Week

Player of the Week (Big 12)

10/18/11 Kerra Schroeder (Offensive)
9/27/11 Alyssa Valentine (Rookie)
11/3/08 Callie Webster (Defensive)
10/8/07 Callie Webster (Defensive)
9/18/06 Amber Sutherland
11/13/06 Ashley Nu'u
10/31/05 Ashley Nu'u
11/24/03 Nicole Carr
9/16/02 Monique Gerlach
10/15/01; 10/8/01 Sara Villwock
11/15/99; 11/8/99; 10/11/98; 11/3/97 Kelly Campbell
12/1/97; 10/13/97 Sarah Lodge

Player of the Week (Big Eight)

9/15/95 Leah Williams
11/5/94 Karrie Downey
10/17/94 Rachel Wacholder
9/6/93 Nicole Vranesh
11/3/92 Janine Zumerchik
10/14/91 Wendy Van Wyhe
10/22/90 Tiffany Jestadt
9/19/89; 9/5/89 Tina Murray
11/9/88 Lisa Soulliere
10/31/88 Stephanie Salgado
9/19/88 Jennifer Sherlock



SCHOOL HONORS

Honor Rolls

Commissoner's Honor Roll (Big 12)

(Given each semester for a 3.0 GPA or higher)

Emily Alexis	f10, s11
Jessica Aschenbrenner	f10, s11
Meghan Barkman	s00, f00, s01, f01, f02, s03
Allison Barnes	f01, s02, f02, s03, f03, s04
Megan Beckwith	f10, s11
Richi Bigelow	f10, s11
Shana Bowen	s00
Kaitlyn Burkett	f07, s08, f08, s09, f09
Kathleen Bunce	f96, s97
Alex Buth	f04, s05, f05, s06, f05, s06, f06, s07, f07, s08, f08
Kelly Campbell	f96, s97, f97, s98, f98, s99, f99, s00
Nicole Carr	f02, s03, f03, s04, f04, s05, f05, s06
Dana Crary	f05, s06
Megan Cyr	f08, s09, f09
Kristin Engelking	f96, s97, s98, f98, s99, f99, s00
Katie Evanyo	f09
Sara Fredrickson	s00, f00, s01, s02, f02, s03
Monique Gerlach	s01, f01, f02, s03, f03, s04
Mallori Gibson	f05
Elizabeth Gower	f99, s00, f00, s01, f01, s02
Allie Griffin	s04, s06
Cory Hayes	s99, s00
Drew Hays	s03
Kristen Karlik	s06, s07
Alison Koepke	f96, s97, s98
Sarah Lodge	f96, s97, s98, s99
Tegan Lynch	f96, s97, f97, s98, f98, s99
Lynsey Mann	s04, f04, s05, s06
Kelly Masumiya	s03, f03, f05
Krislen Morgado	s05, f05
Amber Nu'u	f05, s07
Courtney Owens	f98, s99
Ana Pantovic	f10, s11
Alex Penewell	f08
Ellen Ribar	f09
Elysse Richardson	f10, s11
Josee Roberge	f97, s00, f00, s01
Sylvie Roberge	s99, f00, s01
Sonja Russell	f00, s01, f01, s02, s03
Maragda Santillana	s02, s05
Anicia Santos	s10, f10, s11

Christan Schaefer	f08, s09
Lauren Schaefer	f05, s07, f07, s09
Melissa Schutz	f96, s97, f97, s98, f98, s99
Kerra Schroeder	f09, s10
Emilee Sisco	s06
Lisa Small	s98, f98, s99, s00, f00, s01
Rosie Steinhaus	f07, s08, f08, s09, f09, s10
Amber Sutherland	s07, f08
Kim Taskey	f99, s00, f00, s01, f01, s02, f02, s03
Alyssa Valentine	f10, s11
Ashley VenHorst	f05, s06, f08, s09, f09
Monica Vesanovic	f00, f01, s02, f02, s03, f03, s04
Sara Villwock	f00, s01
Therese Viñal	f04, s05, f05, s06, f05, s06, f06, s07, f07, s08
Hannah Walker	f10, s11
Kassidi Warnock	f09
Callie Webster	s09
Kirsten Wicks	f07, f08, s09
Austin Zimmerman	s05, f05, s06, f05, s06, f06, s07

Big Eight Honor Roll (Big Eight)

(Given each year for a 3.0 GPA or higher)

Brenda Bauernfeind	1994
Wendy Callahan	1987
Karrie Downey	1992 & 1994
Kacey Engel	1992 & 1993
Tiffany Jestadt	1988
Alison Koepke	1995
Michele Kohler	1989, 1990 & 1991
Susan Gillette	1986
Sarah Lodge	1995
Tegan Lynch	1995
Stacy Metro	1988
Shannon Parke	1991 & 1993
Kelly Prahm	1991 & 1992
Buffy Romero	1989
Stephanie Salgado	1988 & 1989
Melissa Schutz	1995
Jennifer Sherlock	1987, 1988 & 1989
Andrea Smith	1986 & 1987
Nicole Vranesh	1990
Wendy Van Wyhe	1988, 1989, 1990
Staci Wolfe	1991
Katie Zabransky	1990

Big 12 Post Graduate Scholarship

2003-04	Kim Taskey
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Miscellaneous CU Awards

CU Athlete of the Year

2003	Monique Gerlach
1996	Leah Williams
1995	Karrie Downey
1990	Tina Murray
1989	Lisa Soulliere

CU Career Athletic Achievement

2000	Kelly Campbell
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CU Female Scholar-Athletes of the Year

(Highest GPA throughout career of all student-athletes)

1991	Wendy Van Wyhe
1989	Lisa Soulliere

McAllister Scholar Award

(Awarded to those who show leadership and skills for CU and the community)

2000-01	Meghan Barkman
2000-01	Kim Taskey

Clancy A. Herbest Student Achievement Award

(Awarded to those who overcome adversity to excel both on and off the court)

2000-01	Sonja Russell
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CU Weekly & Monthly Honors

Athlete of the Month

(Colorado Volleyball)

November, 2001; September, 2001	Monique Gelach
October, 2001	Sara Villwock

Athlete of the Week

(Colorado)

4 Time Winners

Lisa Soulliere

3 Time Winners

Alex Buth
Kelly Campbell
Karrie Downey
Sarah Lodge
Tina Murray
Ashley Nu'u
Kerra Schroeder
Nicole Vranesh
Rachel Wacholder

2 Time Winners

Nicole Carr
Alison Koepke
Michele Kohler
Tegan Lynch
Rosie Steinhaus

1 Time Winners

Melissa Bollinger
Becah Fogle
Monique Gerlach
Mallori Gibson
Allie Griffin
Tiffany Jestadt

Susan Magda
Courtney Owens
Stephanie Salgado
Maragda Santillana
Lauren Schaefer
Melissa Schutz
Emilee Sisco
Amber Sutherland
Kim Taskey
Callie Webster
Leah Williams
Katie Zabransky
Janine Zumerchik

4.0 Club Members

(Players who have achieved a 4.0 in a semester since 1995)

Fall 1998 & Spring 1999	Melissa Schutz
Fall 1999	Kelly Campbell
Fall 1999, Fall 2001, Fall 2002 & Spring 2003	Elizabeth Gower
Spring 2000 & Spring 2001	Kim Taskey
Spring 2002	Maragda Santillana